

# THE PARANORMAL INFORMANT

REPORTING THE STRANGE AND UNUSUAL IN SOUTHERN WEST VIRGINIA AND NORTHERN ILLINOIS  
ROCK PARANORMAL RESEARCH & INVESTIGATIONS  
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2013 TRIPLE ISSUE! ISSUE 2-2 – OCTOBER 2013



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**Summer Investigation  
Round-Up!**

MORE STORIES INSIDE! INCLUDING:

ALIEN ABDUCTIONS? OR SLEEP PARALYSIS?

**MORE LOCAL GHOST STORIES**

**HERBS and their Magical Properties**

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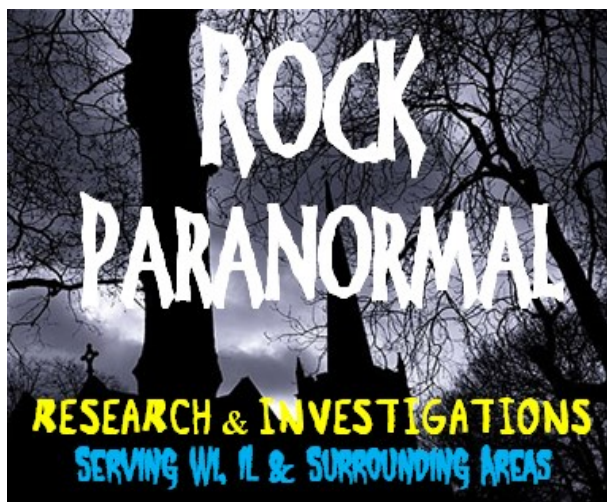
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## ***THE PARANORMAL INFORMANT***

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**Robert Markin, Operations Director**  
**Mary Cole, Investigation Coordinator**  
**Joseph Hernandez, Editor-in-Chief**

<http://www.rockparanormal.net/>  
<http://www.facebook.com/RockParanormal>  
EMAIL: [rock.paranormal.bob@gmail.com](mailto:rock.paranormal.bob@gmail.com)



# Wiccan Wheel of the Year:

## THE SAMHAIN CELEBRATION OF FALL & THE HARVEST

BY ROBERT MARKIN



**Throughout** the year, many people celebrate the changing of the seasons with holidays such as Christmas, Easter, and of course, Halloween. But what most people don't realize is that many of their celebrations are based on the ancient pagan holidays. Many of the customs and rituals mirror pagan activities, as we will show in this series.

Samhain (Sow-en) is considered to be "The Witch's New Year". It is a celebration of the end of the old year, and the starting of the new year. It celebrates the final harvests, as well as the changing of the seasons.

It is believed that on this evening, the veil between the worlds of the living and the dead is at its thinnest, making it possible to more easily contact the spirits of loved ones that have crossed over.

Some traditions held "dinners for the dead", where place settings would be set out at the table for a recently deceased person, inviting them to come and enjoy a dinner with the family they left

behind. Other traditions include leaving scraps outside the doors for spirits, to keep them from entering the house. This is where the stories of "Ghosts" and "spirits" at Halloween come from.

The original idea was that pagans, at this time, were full of sharing and caring, of hearth and home. As the harvest was ending, they would send the children around the villages to give out cakes, pies, nuts, and dried fruits to the friends and neighbors who were less to do than others. This is what started to origins of today's Trick-or-treating ritual that grasps America's children, except traditionally it was about giving, not getting.

Most pagans today celebrate by making corn husk dollies, baking hearty breads made from oats from the harvest, and by making preserves to "store for the winter", much as they did "back in the day". Traditionally, a huge feast is held in the honor of the harvest, and a ritual is commenced honoring the changing of the seasons... (CONTINUED ->)

## THE WICCAN YEAR, CONTINUED...

Many wiccans celebrate this as a time of renewal, a time to rid yourself of bad habits and embrace for the coming new year and new changes in store.

Pumpkins, acorns, pine-cones, and branches are typically associated with decorations around the witch's altar, and the color of choice for rituals is orange. Traditionally, the celebration also entails a bon-fire gathering of stories and prayers, asking for blessings in the coming year.

This is a joyous celebration full of dance and song, sharing and blessings for many pagans, and is one of the four major sabbats celebrated by pagans.

Although commonly associated with demons, serial killers, monsters and zombies, this holiday is actually one of preparing for death and renewal of energies and life. Some pagans believe that this is the best time for spellwork regarding making changes in health, lifestyle, or work environments.

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# Herbs and Herbology:

## HERBS AND THEIR MEDICINAL AND MAGICAL PROPERTIES

BY ROBERT MARKIN

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Here, we are starting a new section of the informant! Every issue, we will discuss a common herb, and discuss it's perceived magical and medicinal properties. In this issue, we will discuss Allspice, or *Pimenta Officinalis*.

This herb is also called Jamaica pepper, and is cul-

tivated most often in warmer parts of the world. It is actually one of the staple spices in Caribbean cuisine, but is also used commonly in other countries as a sausage seasoning.

This plant grows as a shrub, ranging between 30-60 feet in height, and is grown typically in a tropical to sub-tropical climate. Has also been used as a chocolate-additive to enhance flavoring, it was used by the Mayans as an embalming agent.

Allspice is typically associated with the element of fire, and the planet of Mars. It's a masculine energy-herb, and is used to "increase energy and determination". The dried berries, or allspice oils or incenses can be burned during spellwork for attracting money or luck. It also has many healing properties associated with it. It is very fragrant, and is rumored to soothe toothaches, aide indigestion, and increase circulation. Used as a soaking agent, it is rumored to relieve muscle pains.

It is suggested that you add a dash of allspice to your tea to help with these ailments, or you can make a salve or oil.





# MEET THE TEAM:

## INTRODUCING OUR NEW TEAM-MEMBERS

BY ROBERT MARKIN



**MARY COLE** joins us as a long-time paranormal enthusiast. She is pagan, and joins Robert in his Wiccan studies.

She has an interest in psychic energy and healing, as well as knowledge of mythical legends and lore of strange cryptids and creatures. She is currently pursuing a Pharmacy Technician certification from the UW-Rock County college. Mary is a sensitive, not a psychic, but rather has an ability to sense energies and disturbances in energies. Mary is our Lead Investigative Researcher, and joined the team earlier this year.



**MELISSA LEBARON** is a life-long friend of Robert's who possesses multiple degrees in

Journalism, photography, and multimedia journalism. Mel works on the staff as our Editor in Chief, and has just recently started working with Rock Paranormal. She will be assisting us in our publication production, editing, and promotion.



**JOSEPH HERNANDEZ** is Robert's life partner, as well as our "Chief Skeptic". He is a believer, but depends on scientific facts to back up the evidence. He acts as our "ground" when it comes to analyzing evidence and reports,

and often times offers us realistic alternatives and explanations that we can test in our attempts to document strange phenomenon. Joseph also works on the Paranormal Informant. Joseph currently works in the Hospitality Industry, and joined our team earlier this year.

Did you want to be a Ghostbuster  
when you grew up?

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# GHOST HUNTING 101:

## REMEMBERING SAFETY & SECURITY IN GHOST HUNTING

BY ROBERT MARKIN

When you think of ghost hunting, one of the first things that pops into your mind is “I’m going to be scared!”. This is probably a true story, especially if you are heading into a very haunted location, complete with picturesque haunted trees and scary abandoned houses. With the Halloween season coming up so quickly, and many “amateur” ghost hunters going on the hunt, looking for a good scare for the season, we decided now would be an appropriate time to share some of our favorite and best advice about ghost hunting:

1- Never, ever, ever go ghost hunting alone. I know part of the experience is being scared, and you might not feel as likely to get scared if

your with someone, but if you do get scared, and something happens, say you fall through that abandoned houses’ rotted floor, who is going to be there to help you?

2- Batteries, Batteries, and more Batteries. It is a popular theory that ghosts and spirits consume the electrical energy stored in batteries when they attempt to manifest themselves. Hence, it is important to bring enough batteries to ensure that your flashlights and cameras are working properly!

3- Bring a First Aid Kit. This is overlooked by many would-be ghost hunters who think “nothing that

bad can happen”. You are wrong. Small cuts, scrapes, and even bug bites can prove to be a real nuisance, or can even become infected if not treated and cleaned! The places we go as ghost hunters are often overgrown, abandoned, and dirty, and it’s best practice to keep even a simple first aid kit on hand to keep wounds and scratches clean!



4- Let someone know where you will be. This may be your partner, a friend, or a family member. Someone needs to know the address and location of where you are going. What happens if you get stuck out there and have no way of letting anyone know you need help? If they know where you are, chances are they’ll come looking for you when you don’t show up at home and they get worried.

5- Be aware of your surroundings! Never go somewhere you have never been before at night. I know that this is part of the thrill, but visiting during the day before your investigation allows you to map the area, and notice any potential hazards to avoid that may not be so apparent at night in the dark. It is also important to carry multiple flashlights and/or lanterns with you to help light your path, and help avoid other potential dangers.

If you follow these simple steps to basic safety on a ghost hunt, you will be well on your way to a fun, safe ghost-hunting season.



# HOMETOWN HAUNTS:

## LOCAL LEGENDS AND HAUNTS OF ROCK COUNTY AND BEYOND!

BY ROBERT MARKIN

### THE MANOR RESTAURANT- BELOIT'S MOST HAUNTED

One wouldn't suspect that this once beautiful homestead that now housed a large, luxuriating restaurant and lounge with banquet facilities would have a sinister side. Looking around at the ornate fixtures, detailed woodworking, and hard work that went into this one beautiful single-family home, you'd think this place was a dream come true.

Until the ghosts get you.

The Manor was once a thriving restaurant, built originally as a homestead on a large plantation in the area. After years of it being unused, someone had a dream and decided to open it as a restaurant and lounge. But that's where the dream ended.

Shortly after opening, strange noises and footsteps could be heard throughout the building. Strange smells of cigar smoke were reported, as well as hearing a strange laugh.

I had the privilege of speaking with some of the former staff of the Manor, who report encounters from feelings of uneasiness, to weird noises, to phantom touches and pinches, to objects being moved and thrown in plain sight.

"I was walking the floor one day, getting ready for

service", our informant tell us, "when I could hear these steps up on the second floor. We didn't use the second floor for really anything except storage or banquets, so it was odd to hear someone walking around up there so early."



The Manor as it looked , From Google Images

She proceeded upstairs to investigate the noise, only to find that no one was upstairs. It was just her and the Chef in the building.

"Suddenly, I got this cold chill, and I could hear the steps again, but they sounded like they were in the room. I asked them to stop it, and suddenly the steps stopped."

But the encounter didn't stop there.

"Then, I heard a voice, I couldn't make out what it said, but I felt a cold hand on my shoulder. It felt like a hand, but I couldn't see a hand, it's the only way I know how to describe it". Needless to say, she went back downstairs and never ventured upstairs alone again.

That is just one of the encounters experienced at the Manor in Beloit. We are looking to hear about more experiences that people have had there. Do you have a story to share? Visit our website, and tell us about it! The Manor is no longer standing.

# The Haunted Roadie:

## THE EVENTS THAT INSPIRED OUR ANNUAL FALL EVENT

BY ROBERT MARKIN

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**During a brisk fall evening in October**, a few of our friends decided to take a “Ghost Roadie”, as we called it then. We would have a few drinks, partake in some marijuana smoking, and drive around to some reportedly haunted places, hoping to catch a glimpse of a ghost. It was our idea of a fun time, and something to do on a boring weekend evening.

We began our trip by visiting a few of our favorite local cemeteries, walking around and talking, joking around about “being watched”, guessing “who’d be the first to go when the ghosts do come”. Little did we know we were in for a frightful night.

After making the rounds at our usual hot-spots, we decided to venture a little further, and visit a few cemeteries that we had only recently learned of. The first cemetery was in a little township just outside of town. This cemetery was surrounded by trees. We got out, and started to walk around the cemetery, continuing our frolic. We started to hear voices coming from the trees. Stopping to listen, we heard three distinct voices coming from three different areas of the trees surrounding the cemetery. We began to get an eerie feeling, and decided that it might be best to leave.

As we were nearing the end of the road near the car, we heard a loud banging coming from the trees behind the car. We began to move a little more quickly, and as we opened the door, we could hear loud footsteps moving towards the car through the woods, branches snapping and leaves crunching underneath each heavy step. The branches next to the car began to shake wildly, as if something large and beastly were going to emerge and eat us alive. Screaming, we jumped into the car and took off.

In our hurry, we accidentally ran over a small headstone, and drug it about twelve feet from it’s original resting place. After we freed ourselves, we took off like a “bat out of hell”. Suddenly, a large black bird swooped right in front of the car, nearly hitting us. It frightened all of us straight to our bones.

But we weren’t finished yet. We decided to visit another one of our favorite spots: Fulton Cemetery. Here, the noises and strange voices continued. One of our investigators had an experience where he thought he saw a girl running through the woods, but the sighting was never substantiated.

Leaving the cemetery, we drove to another, where noises continued to haunt our adventure. At one point, a large rock was thrown that impact a wooden bench, making a shot-gun like crack that scared us again, and prompted us to leave.

As we neared our last destination, it was calmer, nearing morning. The cemetery was quite and basked in the morning sunrise. This time, we could only smell the strange smell of caramel corn in certain parts of the cemetery.

It is our opinion that we disturbed something that evening, and that the energy followed us from one cemetery to another, angering the spirits in the other cemeteries, which is why they apparently acted out as they did, making noises and frightening us half to death. But, we can’t prove anything because we had no equipment to record evidence during this encounter, and are left only with our memories of the event. Every year, we go out in memory of this first haunted roadie.



# Living with the Paranormal:

## THE MONKEY BOY IN THE CLOSET

**Daniel was just a young boy** when his parents bought the house they grew up in. It was a first for him to have his own room, and he was excited about having bunk beds without having to share them! His sister, Erin, was just a few years older, and also excited about their new home.

It wasn't very long after moving in that Erin began to have night terrors, and see strange shadows moving around her room at night. At first, she ignored them and played them off as her imagination, but she soon began feeling scared of the shadows. She felt as if someone was in the room watching her, hiding in her closet. She was afraid to let her feet touch the ground at night, for fear of something snatching her from under the bed (a common fear in children), and was afraid of the humming she heard coming from the walls at night.

As she got older, she became less afraid of the shadow people in her room, and went about her normal life. It wasn't until a few years later that activity began to pick up in the house.

Small objects would be thrown about, things would be hidden. Typical poltergeist activity began to plague the home. Erin remembers one specific time having a roll of toilet paper thrown at her when she was in the restroom.



Daniel's first night terrified him in the new home. As he lay in bed, staring towards the window at the foot of his bunk, he saw a pair of glowing eyes staring back at him from the corner of the room where the closet was. The eyes stared at Daniel all night, and scared him enough to pull the blankets over

his head and stay there until he was awoken by his mother the next day. He didn't tell her what he saw. The experiences continued randomly over the next several years. At times, Daniel says the apparition appeared as a small "monkey-boy" that would hang by its tail from the end of his bunk, and slowly swing back and forth and stare at him sleep.

"It had a scary, dark monkey face and body, but it was also kind of like a

little boy's face. And when it talked to me, it sounded just like a little boy" Daniel informed us.

Friends would come and stay with Erin and Daniel from time to time, and all would report having strange experiences in the home. Erin reported that the shadow people that were in her room were now all over the house, and even outside of the home. She couldn't take it anymore. Erin, a pagan, performed a cleansing ceremony to rid the home of dark energies. After she conducted the ceremony, paranormal activity in the home reduced dramatically. CONTINUED (->)

**MONKEY BOY CONTINUED:** The “monkey boy” was still seen from time to time, and there were still strange noises and feelings of being watched.

A few years later, the family moved out of the home. They had discovered that there was “empty space” behind Daniel’s bedroom closet and the master bathroom on the second floor, and decided to knock in the closet wall and take a peak.

They said inside was a small room with a small metal bed frame, and a few odd items strewn about that looked like toys. Daniel believes this was “Monkey Boy’s” bedroom at one point, because the bed appears to be a child’s bed and that is where he first appeared, was near the closet. It is common knowledge that people “back in the day” used to

A few years later, the family moved out of the home. They had discovered that there was “empty space” behind Daniel’s bedroom closet and the master bathroom on the second floor, and decided to knock in the closet wall and take a peak.

They said inside was a small room with a small metal bed frame, and a few odd items strewn about that looked like toys. Daniel believes this was “Monkey Boy’s” bedroom at one point, because the bed appears to be a child’s bed and that is where

he first appeared, was near the closet. It is common knowledge that people “back in the day” used to lock up mentally retarded or physically retarded children to keep them from public sight in secret rooms where they would raise them in secret. We couldn’t find the original blueprints for the home, so we can’t rule this out as a possibility. We haven’t been able to find any information that collaborates the story, either, but there are limited records available from the past in this area. It is entirely possible that this was a deformed child that was locked away by the family until he passed, and that having another young boy in the house was enough for him to show himself to Daniel.

When it comes to the shadow people and poltergeist activity experienced in the home, Erin attributes it to a group of Satanists who used to make animal sacrifices in a garage near the rear of the property. “Animals used to just go missing, and we couldn’t understand why. We would randomly find a mutilated cat staked to a tree, or a dead dog hanging. We couldn’t figure out who it was, until the cops busted them, and they found out what they were doing back there.”

Since the family has moved out and the secret room has been discovered, no strange activity has been reported in the home.

*Are you afraid of Ghosts???*

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**GHOSTS IN THE GRAVEYARD**  
Tales of Ghostly Encounters in Haunted Cemeteries





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# PARANORMAL 101:

## WHAT A REAL PARANORMAL INVESTIGATOR DOES

BY ROBERT MARKIN

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**WHEN MOST PEOPLE THINK OF A GHOST BUSTER,** they think of the guys in the jumpsuits with the “unlicensed nuclear accelerators” on their backs! Well, that isn’t quite what we are, but some of what they showed in the movies is actual practice. Now before you get excited and think that your going to be building a containment unit and ectoplasmic trapping devices, let’s stay focused on what we can ACTUALLY do to hunt ghosts!

Today’s paranormal investigators are much more than just the guys that you see on TV. Sure, there is the running around, setting up fancy equipment and holding EVP sessions. And then there is the reveal, right? Bam! Ghost hunter in action. True, all of these things need to be done, but there is still more to it. Today, many people claim to be “professional ghost hunters” who are really just amateurs with spare time and extra money. I’m not talking about the ones who take it seriously, I’m talking about the ones who are running around claiming “there’s demons in them there hills!” and riling up a posse to perform an exorcism. Hate to say it, but probably not a real ghost hunter (special circumstances apply :-))

Although this is all fine, there are steps to the investigation process that should be followed. And one of the most important considerations that an investigator must remember is the client. The client is the number one reason you should want to be a ghost hunter. You should want to help people understand what it going on, and to help scientifically prove or disprove what might be going on in their instance. But, first, more on the investigation

process.

Normally, a client will contact the organization and make an initial claim report. They basically tell you the short and dirty of what they’ve seen and why they want you to investigate the claim. The team then decides to investigate, and contacts the witness to come in and make a full report.

When the witness comes in, it is your job to collect as much information about the encounter/sighting as you can. Ask for permission to record the interview, and ask them to tell the whole story. After allowing them to tell the story, ask probing questions about the encounter. My organization has developed a script of questions that we use during our initial interviews. (I almost forgot, interview witnesses separately. If they both reported the phenomenon, you can do a group interview, but you should always interview each witness alone as well to see if there are any gaps in the encounter! Very Important!

After the taped interview, ask them to fill out report forms. These report forms should ask detailed questions about the encounter. They should also ask some of the same questions you asked in your verbal interview. This will allow you to compare the written report and statement to the recorded interview to look for discrepancies in encounters. Normally, there are a few small discrepancies, as people who are in fear tend to have different reactions and remember different aspects of the encounter than others.

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PARANORMAL 101 CONTINUED: After the interviewing and the reporting is done, you have to do two things: 1– Schedule an investigation on the site, and 2– conduct a lot of historical background research.

### HISTORICAL RESEARCH

Historical research is one of the most important aspects of paranormal investigation, and it is also one of the most overlooked aspects as well in today's high-tech focused society. I require my team to visit the local libraries, historical societies, and records holding offices and to do as much searching on the backgrounds of locations, people and places, and things. The library also has historical media archives where you can search through old newspapers and other local publications and records.

After you have gathered all of the background information you can, you then conduct your site investigation.

### SITE INVESTIGATION

During your site investigation, you must arrive on time, professionally dressed, and ready to investigate. There are many types of equipment you can bring with you, (we will go into my basic ghost hunting kit another time...) but remember to have informed the client of what you will be doing during your vigil, and how it will be conducted.

Set up your equipment, and again, ask the client to tell you the story. Take base readings with your EMF, and make a basic map of the location.

A good investigation team consists of at least two people, but four to six is a common number. If you have enough people to break up into teams, it is good to do so, and to alternate teams to verify encounters or to “spice up” the chance for encounters with various members.

Take lots of pictures, and if possible document everything on video. Use an Investigation Log to document any strange encounters or sightings by your team during the vigil. Use all scientific measurements and tests that you can come up with, de-

pending on what type of site you are investigating. Taking samples of soil or foliage and sending it to the university for testing is a common option at many investigation sites. It's important to gather as many readings and measurements as possible. Once you have conducted your vigil, have your team complete investigation reports detailing their encounters in their own words. Incorporate relevant details from these reports in your final investigation report.

### EVIDENCE REVIEW

After you conduct your investigation, you will have to review your evidence. If you have sound editing software and photo/video editing software on your computer (most operating systems today have decent basic systems pre-installed) analyze your evidence. Slow down recordings if necessary, change the color schemes on photos, magnify videos. Check every inch of your evidence, you never know where something might pop up. After you have completed reviewing all of the evidence, review it again with another team member. Then decide what to report to the client/witness. Complete your final investigation report detailing your findings, and document/include all evidence appropriately.

### WRAPPING UP AN INVESTIGATION

Meet a final time with the client to review your findings, and deliver the Final Investigation Report. Depending on the situation, you may offer to help them find additional help, such as counseling, treatments, other research groups, psychics (prescribe these with caution!), or other professionals who might be of assistance (maybe the creaks they hear at night are just the plumbing!)

In any case, it is important to remain professional, and to keep your client's confidentiality wishes forefront in your mind. You are there to help them, and that's the only reason you are there. You aren't there to make a name for yourself, and if you are, you should be elsewhere.

Next time, I'll discuss my basic ghost hunting kit, that every Ghost Hunter should have!





**Summerwind Manor** in Vilas county, Wisconsin is reportedly the most haunted house in America. It started as a stately home on the West Bay Lake, built in 1916 by a Mr. Lamont, who was a Secretary under President Hoover.

It is said that Mr. Lamont encountered many spirits during his time on the property, including being so scared one time that he fired a gun at a ghost. (Bullet holes have been found in the home that corroborate this story)

After his death, the home was sold to a series of owners, each who had their own share of haunted experiences in the home. One family lived in the home for only six months, but reported shadow people moving around the home and strange voices coming from empty rooms.

There are rumors that a body was found buried behind one of the estate's built-in drawers.

Then, there is the Jonathan Carver legend, which states that there is an old deed to the northern third of Wisconsin that he received from the Sioux Indians during the 1700s. This deed has never been found, but several people have attempted to look for it.

Other strange reports include the house mysteriously changing dimensions as it was being measured for remodel.

The house eventually ended up abandoned and decrepit by the 1980s. In 1986, it was purchased by an investment group with the intent of turning it into an Inn, but in 1988 the house mysteriously set fire and burned to the ground after being struck multiple times by lightning during a storm.

Today, the ruins of Summerwind still stand as a testament to it's haunted history.

*Written by Robert Markin*



The remains of Summerwind, taken from Google Images

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# Summer Investigation Roundup:

## 2013 SUMMER INVESTIGATION SEASON

BY ROBERT MARKIN

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**SUMMERS ARE GREAT** with the long nights and warm temperatures. You really can enjoy an entire evening of ghost hunting. We at Rock Paranormal love the summer because it means we get to visit our favorite cemeteries, and have our “warm-up” investigations. This year, we attended Newark, Hanover (Plymouth), Oakwood, and Fulton Cemeteries. Here is what we found:

### NEWARK CEMETERY

Newark Cemetery is a small, well-kept cemetery just outside of town. There are rumors to be a “lady of the bench” that is sighted sitting on a bench near the back of the cemetery. We have never seen her before, but have had other random noises and feelings inside this cemetery. We did find one piece of evidence that caused us to go back a second time this season, however.



You will see what appears to be a face in the picture above. The face appears to be that of a soldier, wearing a helmet. It looks like he is standing above the grave with the flag, also a soldier's grave. We didn't see this during the initial evidence review, and only caught it later after more careful analysis. This prompted us to return to the cemetery one

more time, and to take some more pictures.

We set out to debunk the picture first, and were immediately realized we'd been duped... by another gravestone.



The growing moss, configuration and shape of this gravestone in the light made it appear to be a face floating in front of a soldier's grave. In reality, it's just a clever play of light and shadow.

### HANOVER CEMETERY

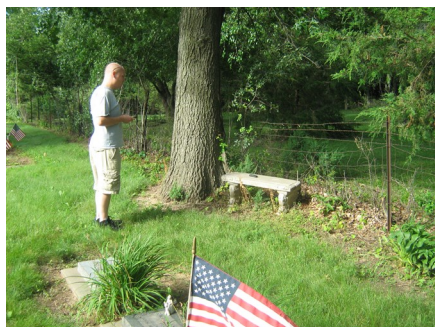
Hanover (Plymouth) Cemetery is another well-kept cemetery on the secluded edges of town. We have never experienced too much activity at this location, but it's a beautiful cemetery to take photos of. We did, however during (CONTINUED ->)



INVESTIGATION ROUND UP CONTINUED: encounter a strange feeling at two of the gravestones. We haven't yet found any information as to why we had these feelings, or any history of the families on the stones that would link to anything preternatural. This cemetery was also host to an "incident" where an ex-member disrespected a monument and knocked it over, nearly killing himself in the process. The monument has been fixed, but the near-death experience shook him incredibly hard.



Investigator Cole at Newark



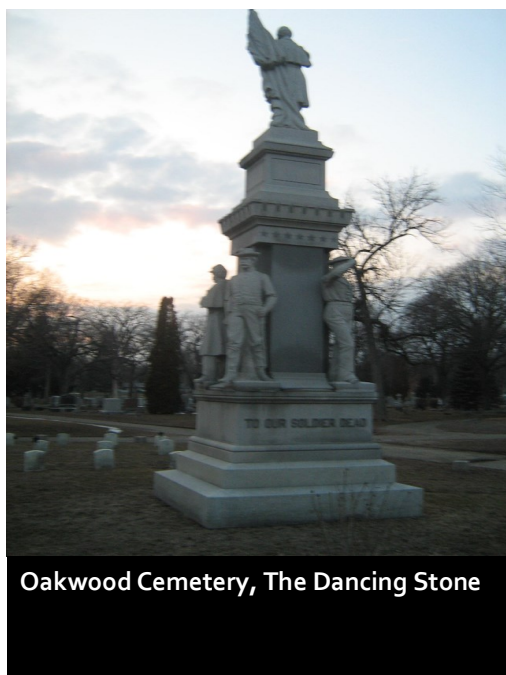
Director Bob at Newark

## FULTON CEMETERY

Fulton Cemetery is one of our favorite Cemeteries, not because of it's well-kept and statuesque grounds, but because we've had many of our experiences with "ghosts in the graveyard" at this cemetery. There is a certain area of the cemetery where we've had psychic attacks occur, as well as what cannot be explained by any other means but possession. Other groups have had strange encounters as well. One of our sensitive members picked up on the spirit of a girl who was raped in the cemetery, and then held in a cellar. She was beat by two boys, but that is all the person could tell us that they felt. The story hasn't been proven, but rapes in old times were not often reported, so it would be difficult to track down a rape that happened back in the day as the sensitive suggested they saw.

## OAKWOOD CEMETERY

Oakwood cemetery has several legends, (see previous issue of the Informant) including a burning witch's cauldron, dancing grave monuments, and shadow people. We had no odd encounters during our visit to this cemetery. It should be noted that this is a very old cemetery, and is unfortunately subject to disrespect by teenaged children. Please, as with any cemetery, be respectful.



Oakwood Cemetery, The Dancing Stone



Both images from Fulton Cemetery, Fulton Wisconsin





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# ALIEN ABDUCTIONS:

## OR SLEEP PARALYSIS? ARE WE REALLY BEING TAKEN?

BY ROBERT MARKIN

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**We've all had those nights** where we wake up in the middle of the night, and we think we see things moving in the shadows. Someone is in the room. For most people, we realize we are half-awake, and fall back to sleep without a second thought. However, that's not always where it ends for some people. Some people get taken.

A substantial percentage of the population, more than 1/3 according to ABC news' website, believe that we aren't alone in the universe, and a substantial portion of those individu-

als believe that we have been visited by beings from another planet.

Some people claim to even be taken by these beings, and having weird medical examinations, sexual encounters, or otherwise bizarre meetings with these Extraterrestrial Biological Entities (EBE's), during what we call a "Close Encounter of the 4th Kind", (first being a sighting, second being evidence left behind, and third making contact, fourth, being taken).

Most often, the abductees feel like they are being forced to go, and that they are being harmed by these individuals.

Many of these individuals who claim to have been abducted and agree to undergo regression hypnotherapy. They all remember having strangely similar encounters, even though most of them have never even met in their lifetimes. How could so many people with no connection in life come up with the same story? All across the globe? Sure, in

today's e-savvy world, it's relatively easy to connect with people from around the world and cook-up a scheme, but this has been happening since before the internet was invented!



Some scientists and scholars try to reduce this down to Sleep Paralysis. Why do they say that? During sleep paralysis, your body isn't connected to your brain, so to say. You experience hallucinations of being watched, and imagine people hiding in shadows. Some people have even reported feeling like they are floating in the air. It's easy to see how someone experiencing this condition might believe that they are being whisked away into an alien spacecraft.

A fact that they like to point out is that approximately 1/3 of people will suffer from some form of sleep paralysis in their lifetimes, and they attribute that to... (CONTINUED NEXT PAGE ->)

ABDUCTIONS CONTINUED... to the 1/3 of the population that believes in aliens and abductions.

However, paranormal researchers around the globe point out the massive amounts of sightings by pilots, police officers, army servicemen, and the physical evidence collected through the years of strange radiation from soil where a UFO had landed, or the pieces of metal found in most abductees (believed by UFOlogists to be tracking devices).

Others will cite the insurmountable amount of photo and video that pours into MUFON and other reporting centers every year.

We can't rule out sleep paralysis, but we can't rule out alien abduction, either.

There isn't enough evidence to say for 100% that aliens are abducting human beings, because even if

sleep paralysis did explain many of the cases, even 3/4 of the reported cases of abduction, you would still have hundreds of unexplained abductions. Plus, with millions and millions of stars in just our galaxy alone, and millions of galaxies in our universe, don't you think that it might be a little presumptuous to think we are the only intelligent life in the universe?

It could be possible that we are being visited by beings from another solar system, even another galaxy. However, it's going to take the right evidence and real first contact to make believers out of all of the world's skeptics.

Until we can establish contact and confirm that aliens do in fact exist, we have to accept the fact that unless more tangible evidence can be gathered to support the hypothesis, it remains a theory.

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## Rock Paranormal:

### WHAT ARE WE GOING TO BE UP TO IN 2014?

BY ROBERT MARKIN

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2013 is proving to be quite an eventful year for Rock Paranormal. After changing our name from Rock County Paranormal Research to just Rock Paranormal, we got a new website started, and started to rebuild the team. It's been a little hectic here and there, sometimes falling behind on paperwork, other times racing to get some investigations squeezed in between research. All in all, it's been a fun year so far, and we hope to finish the year out strong.

Some of the biggest news is that we are recruiting new team members. We are looking for 2-4 people to join our team, either as Investigative Researchers or as Equipment Technicians. Both positions are active investigation positions, and but have different responsibilities. (CONTINUED ON NEXT PAGE ->)

Did you want to be a Ghostbuster  
when you grew up?

**HERE'S YOUR CHANCE!**

ROCK PARANORMAL IS NOW  
ACCEPTING APPLICATIONS FOR  
VOLUNTEER TEAM MEMBERS!

BECOME A PARANORMAL  
INVESTIGATOR, AND SEE WHAT  
GOES BUMP IN THE NIGHT!  
TRAINING PROVIDED!

FOR MORE INFORMATION, VISIT:  
[WWW.ROCKPARANORMAL.NET](http://WWW.ROCKPARANORMAL.NET)

Researchers do a little more of the “background” research, while technicians focus more on setting up equipment and evidence reviews. All positions are volunteer based, and members are subject to simple background check.

In the next few months, we will be wrapping up our “active” investigation season, when we do most of our outdoor investigations and activities. This year, we didn’t get as much field time as we’d like, but we did have some great times.

#### FALL 2013

The fall is going to bring our Annual Haunted Roadie sometime in the next few weeks, as well as a few follow-up investigations at some of the local cemeteries (Fulton, Oakhill, Oakwood). We will also be having our annual team Halloween party/Director Bob’s Birthday Party in the last week of October.

#### WINTER 2013

After Samhain starts our “down time”. We will spend the winter purchasing new equipment, and hopefully training some new investigators! We may do some private investigations if any are requested, but do not have any planned as of yet.

#### SPRING 2014

We will have our annual Spring Cemetery investigations next year in April/May (depending on the weather!) and are planning on doing some “out and about” activities to meet the local community and get our name out there.

#### SUMMER 2014

Our active investigation season will start again, and we’re also planning on doing our Annual Summer Roadie again next year. We usually visit a few of our favorite sites, but in 2014, we are planning on visiting some exciting new places (Did someone say Bachelor’s Grove?).

We will also be planning our first annual Haunted Camping Trip. It was supposed to start in 2013, but budget constraints prevented this from happening

this year. We are planning on taking the trip up to Rib Lake, a supposedly haunted campground, and taking some day-trips to some nearby famous haunts! More will come as it develops.

#### FALL 2014

The Haunting season will be full of fun activities and investigations as we round up our active season. We are planning our first ever Haunted Halloween’s Eve party, more to come on that as we get closer to the time!

#### THE INFORMANT

The Paranormal Informant, our semi-annual publication, will continue it’s two-issue per year production schedule for 2014. There will be both the Spring/Summer issue, and the Fall/Winter Issue. The Spring issue is slated to be released in April 2014, and the Fall issue in September/October 2014.

Starting in 2015, the Informant will resume it’s former quarterly publication schedule.

#### THE TEAM

Robert will continue to act as Director, and will assist in investigations and operations. Mary has been promoted to Investigation Coordinator, and will continue to act as lead investigator, but will be assuming some more administrative duties as they relate to investigations. All other members will continue to perform in their functions., and we hope to add 2-4 people to our team relatively soon.





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# EVENTS CALENDAR 2013:

## PLACES TO HAUNT FOR THE HALLOWEEN SEASON

BY ROBERT MARKIN

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### FALL HARVEST FESTIVAL

Lake Tomahawk, WI

Sept. 21st, 9a-3p

Arts, Crafts, Farmers Market, and Free Admission!

### OLD WORLD WISCONSIN'S HALLOWEEN

#### DINNER THEATRE

Dine to plays of Edgar Allen Poe's Creation! In Eagle, WI. Runs October 11-13, 18-20, 25-27.

262-597-6301

### MINHAS BREWERY

#### OKTOBERFEST

Monroe, WI

September 14, 2013

Live Music, Brew and Spirit Tastings!

### HALLOWEEN GARDEN WALK

Rotary Botanical Gardens- Janesville, WI

Pumpkin-decorated gardens, crafts, face-painting, and trick-or-treat! Appropriate for all ages!

October 17-19

### SKELLY'S CORN MAZE

A Wisconsin Tradition! Themed "Flight of the Pumpkins", has both a 6 and a 9 acre maze! Wagon Rides, Pumpkin slingshot, and more!

Maze Entrances close daily at 5pm, Night mazes start in October at 630pm.

608-757-1200

### OAKHILL CEMETERY

#### SCREENING OF "THE BIRDS"

Alfred Hitchcock's 1963 classic, shown in the historic Oakhill Cemetery! Hosted by the Rock County Historical Society & BIFF.

Starts at Dusk, October 5th

### JANESVILLE COMMUNITY

#### HAUNTED HOUSE

New, 3x Bigger location! Ages 13+ Recommended.

Indoor Haunted House! \$8 General Admission

207 N. Academy Street, Janesville

608-322-9229

### HALLOWEEN AT HERITAGE HILL

Green Bay, Wisconsin

Family Celebration featuring trick-or-treating, scary stories, smores, craft show and costume contests, and a reenactment of the Salem Witch Trials.

October 18-19. 5p-8p

920-448-5150

## **HALLOWEEN AT THE FARM**

Schumacher Farm, Waunakee WI

Games, Fortune Telling, Face Painting, Haunted Hayrides, and bon fire! \$4 Admission

October 26, 6-8:30p

608-849-4559

## **HALLOWEEN AT THE ZOO**

Henry Vilas Zoo, Madison WI

Dress up and trick-or-treat at the Zoo! Activities and live music!

October 27, 10a-4p

608-266-4943

## **THE FRIGHT FACTORY**

Hosted by the Rock Aqua Jay's, this is the scariest haunted house in Janesville! A Must see! Part of the "Triangle of Terror!"

Runs 7p-10:30p

October 11-12, 18-19, 25-27, Nov 1-2

[Www.janesvillehauntedhouse.com](http://www.janesvillehauntedhouse.com)

## **DR. S. CARY'S HAUNTED HOUSE**

Jellystone Park, Fort Atkinson WI

Over 30+ rooms in two haunts of Scary to frighten up your Halloween! Part of the Triangle of Terror! \$17 combo pass for both attractions at this location, bring in 2+ can goods, get \$2 off ticket price!

Runs Oct 4-5, 11-12, 18-19, 25-26, Nov 1-2

7:30p-11pm



## **THE HAUNTED BARN & TRAILS**

Stoughton, WI

In it's TENTH and FINAL season, promises to be the "largest single admission haunted house around".

Part of the Triangle of Terror. Both the Haunted Barn and the Haunted Trails are included in your \$18 admission. Check this one out before it's gone forever!

Runs 7p—11p Sept 27-28, Oct 4-5, 11-12, 18-19, Nov 1-2

Oct 25-26 7p-Midnight

Halloween Night 7p-10p

[Www.the-haunted-barn.com](http://www.the-haunted-barn.com)

**FAWPS**  
**Fort Atkinson, WI**  
**Paranormal Society**  
**<http://fawps.org>**

Check out our website's Events Calendar to see new and updated event information!

# ROCK PARANORMAL

## PARANORMAL RESEARCH & INVESTIGATIONS

### SERVING SOUTHERN WISCONSIN, NORTHERN ILLINOIS, AND SURROUNDING AREAS

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Witnessed something strange and unusual? Perhaps a ghost, or maybe even some lights in the sky that you couldn't quite explain? Do you want to share your story? We'd love to hear it. And if you'd like, we'd like to share it here! Accepting ghost stories, local legends and folklore, and stories of other strange creatures and weird things in Southern Wisconsin and surrounding

areas. Visit our website at

<http://www.rockparanormal.net/>

for more information.

#### More About Rock Paranormal

Rock Paranormal does conduct paranormal research and investigations into claims of paranormal, supernatural, and even other-worldly phenomenon. We conduct our investigations and research free of charge, and are happy to publish this quarterly magazine. We also provide for the complete confidentiality of our clients, and respect wishes for anonymity. Rock Paranormal will not publish any person(s) information without prior permission, and all stories contained within this publication are the creative properties of the writers who wrote them. Rock Paranormal will not knowingly publish false information in regards to any claim made by any person(s), and attempts to check the validity of every reader submission before publication. Questions, concerns, or comments may be directed to: [rock.paranormal.bob@gmail.com](mailto:rock.paranormal.bob@gmail.com).

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ROCK PARANORMAL (RESEARCH & INVESTIGATIONS)

Robert Markin, Operations Director

Mary Cole, Investigation Coordinator

Joseph Hernandez, Skeptic

Melissa LeBaron, Chief Editor